



# Informational Bulletin

## Peer Support Research Opportunity

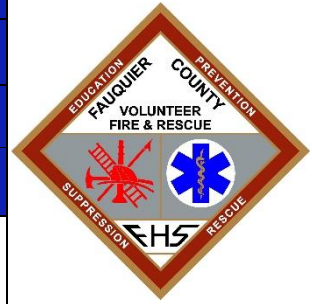
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Approved By: Darren L. Stevens, Fire Rescue Chief



Fauquier County's Peer Support Team is constantly seeking opportunities to enhance the mental health and wellbeing of our workforce. For the last several weeks our Peer Support Team members have been visiting stations to talk with and support personnel. These visits are informal and are done on each PS Specialist's own time.

On October 25-26, 2022, our Peer Support Team will host three station visits (North, Central, and South). During these visits personnel will have the opportunity to participate in a confidential research study. Participation is completely confidential and voluntary. Interested participants will be asked to complete two short surveys, which should take less than ten minutes in total. The surveys will focus on their Peer Support experience. Each station visit will last approximately 45 minutes. Personnel who are not on-duty during these visits are also invited to attend. Refreshments will be provided.

Units will remain in service during the Peer Support visits but will be transferred to minimize service delays while accommodating all staff. The schedule for both days is as follows:

### October 25 & 26

0800 EMS 1103: Stations 1103, 1104, 1105, 1111

0930 EMS 1101: Stations M1101, FS 1101, 1110

1100 FS 1113: Stations 1108, 1107, 1113, 1102

Questions regarding this informational bulletin should be directed to Battalion Chief Lorenzen.



# Research Opportunity!

**On October 25-26, all on-duty personnel will attend a Peer Support station visit. During each visit, personnel can participate in a confidential research study. Participation is completely confidential and voluntary. Interested participants will be asked to complete two short surveys (less than 10 minutes total) about their Peer Support experience. Refreshments will be provided. Any questions regarding this opportunity can be directed to BC Lorenzen.**