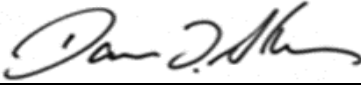




<b>GENERAL ORDER</b>	
<b>Swift Water Operations Training</b>	
Date: August 17, 2021	Number: 21.060
Effective Date: August 17, 2021	Expiration Date: N/A
Approved By: Darren L. Stevens, Fire Rescue Chief	
	

On September 22nd and 23rd, we will be conducting mandatory swift water operations training. Each member of the swift water team will need to attend one of the two trainings in order to stay an active part of the Swift Water Team.

Since we are considered a statewide swift water asset, we have to complete mandatory training to maintain this status. This also includes a new swim test that will need to be completed within the next two years.

We are also reaching out to our volunteer team members. Any volunteers that meet the minimum requirements are urged to attend this training.

Attached you will find the schedule of events for the days as well as the syllabus.

Questions regarding this general order should be directed to Battalion Chief Arft or Captain Latham.

<u><b>A Shift</b></u>	<u><b>B Shift</b></u>	<u><b>C Shift</b></u>
SWT/BO – W. ALFORD (7)	SWT/BO – B. LATHAM	SWT/BO – TL – G. MACKISON
SWT/BO – B. BISH	SWT/BO – N. BAER	TL - SWT/BO – B. WILSON
SWT/BO – K. LANDMAN	SWT/BO – Z. FLINN	SWT/BO – H. BOWERS
SWT/BO – J. LEONARD	SWT/BO – C. FREDERICK	SWT/BO – F. McEVILLY
SWT/BO – B. MILLER (11)	SWT/BO – J. FRINKS (11)	SWT/BO – K. NEAM
SWT/BO – C. MYERS	SWT – B. JAEGER (7)	SWT/BO – L. SCHMIDT (7)
SWT – W. LITTLETON (7)	SWT – S. LEWIS	SWT – J. HIGHLAND
<u><b>DAY WORK</b></u>	<u><b>VOLUNTEERS</b></u>	
SWT – A. HULVEY	SWT/BO – M. FLAMMIA (11)	
	SWT/BO – J. JENIEC (11)	
	SWT – Z. SCIANDRA	

### Dates and Times:

September 22<sup>nd</sup> and 23<sup>rd</sup> - 0700 - 1700hrs

- Wednesday / Thursday – Pool Session at Warrenton Aquatic and Recreation Facility, Classroom at Warrenton Fire Department, Static Water at Seneca Lake

### Training Course Overview:

Water Rescue – Back to The Basics will review materials and practical skills learned in Water Rescue and Emergency Response (WRER) and Emergency Boat Operations and Response (EBOR). Course components include classroom and practical hands-on training in: Swim Test Review, Water Dynamics, boat selection, rescue craft outfitting, boat handling, moving-water tactics, emergency boat procedures, and boat rescue techniques.

### Attendees:

- Swiftwater Rescue Technicians
- Swiftwater Boat Operators

### Meals:

- Bring personal first aid needs (medications, inhalers, EpiPen, etc.)
- We will break for lunch
- You are responsible for fluids and snacks at the static water site.

### Hazards of Training:

Students must be prepared to engage in strenuous activities in **extreme weather and water conditions**. Students must be able to swim. If a student has a known medical condition that could foreseeably jeopardize his/her safety during participation or be aggravated by participation, **the student should not participate**.

#### *Water Hazards:*

- Cold, deep, and swift water
- Water obstructions (i.e. rocks, strainers, free floating debris, etc.)
- Other water users (fishing and boating) – please be courteous.

#### *Environmental Hazards:*

- Uneven walking surface and loose debris
- Slippery rocks, steep slopes, and shoreline
- Poisonous plants, animals, and insects.
- Traffic

#### *Weather Hazards*

- Temperature – hot (hyperthermia) or cold (hypothermia)
- Storms – lightning (all training will stop until storm has passed). Students will be directed to shelter. Rain, or hail may or may not stop training exercise. Weather emergencies will be handled at the discretion of the instructor trainers.
- Sun – risk of sunburn

### Student Equipment Requirements:

- PFD Type III or V with knife, 2 locking carabineers, and whistle
- Water rescue helmet
  - o Must provide protection for the front, side, and back of head protection
- Appropriate thermal protection for weather and environmental conditions:
  - o Dry Suits and Wetsuit are optional but encouraged (Note: cold water exposure, immersion, survival, and ice rescue suits are prohibited for moving water)
  - o Layering
- Inner wicking material (i.e. polypropylene, silk, etc.)
- Middle insulation material (i.e. polyester, etc.)
- Hand protection for working with rope and thermal protection - neoprene gloves
- Feet protection – river sneakers or neoprene water rescue boots with synthetic or wool blend socks
  - o Straps for glasses (if worn)
- Fluids (water or sports drink)
- Food (high energy snacks)
- Sun screen – SPF 15 minimum recommended
- Personal items (first aid needs (i.e. inhalers, EpiPen, hygiene items, etc.)
- Towel
- Gear bag and large garbage bag to hold wet items

## Fauquier County Swift Water Training Schedule

### Time

0700-0900

### Place

**Warrenton Aquatic and Recreation Facility**

Instructors : Latham and Baer

Pool Session:

Review New State Swim Test

Throw Bags

Double Line Floating Tether

Foot Entrapment

0900-1200

**Warrenton Fire Training Room**

Instructors: Latham and Baer

Water Dynamics

Rescue Boat Ops

Rescue Boat Tactics

1200-1300

**Lunch**

1300-1700

**Seneca Lake**

Static Water Site:

Outfitting and Launching

Motor Maintenance

Emergency Procedures

Slalom, English Gate, Eddy Turn, AlongSide Drills

Paddling

Victim Pickup

Boat Flips