



# Safety Bulletin

## Stay Healthy at Work

Date: August 15, 2023

Number: 23.007

Effective Date: August 15, 2023

Expiration Date: N/A

Approved By: Kalvyn W. Smith, Fire Rescue Chief



This safety bulletin is to serve as a reminder the importance of staying healthy in the workplace.

Remember:

- Wash your hands thoroughly and often.
- Avoid touching eyes, nose, or mouth.
- Ventilate the station when appropriate.

Practice universal precautions and best practices when communicable disease transmission is possible, whether in the field or in the station.

Decon your ambulance, equipment, and yourselves when needed to prevent the spread of disease. Decon solutions are available at the hospital and at stations. This practice should be performed at least weekly or per station policies.

Personal equipment and supplies issued, such as station shoes, Envo masks, and goggles, should be utilized when appropriate. If these items need to be replaced, please reach out to Logistics Coordinator Heather Kidd.

The most important reminder: **If you feel sick, Please Stay Home.**

Questions regarding this Safety Bulletin should be directed to Deputy Chief Natasha Lorenzen.